



## From the Principal

Tēna koutou katoa  
Ngā mihi nui ki a koutou

Tihei Mauri ora – kia tau te rangimārie!

As we move towards a change in season, we are frequently reminded of the beauty of creation, especially when we step into nature and look up (and perhaps this poem, by Mary Oliver, will inspire a hikoi through the forest):

When I am among the trees,  
especially the willows and the honey locust  
equally the beech, the oaks and the pines,  
they give off such hints of gladness.

I would almost say that they save me, and daily.  
I am so distant from the hope of myself,  
in which I have goodness, and discernment,  
and never hurry through the world  
but walk slowly, and bow often.

Around me the trees stir in their leaves  
and call out, "Stay awhile."  
The light flows from their branches.  
And they call again, "It's simple," they say,  
"and you too have come  
into the world to do this, to go easy, to be filled  
with light, and to shine."

Kia pai te ra whakataa – have a restful weekend!

### UPCOMING DATES

24 May:  
Open Day

31 May:  
Feast of the  
Visitation

### ROSTERING HOME PLAN

Week 5	Thu May 25	Year 11
Week 6	Tue May 30	Year 13
	Thu June 1	Year 12
Week 7	Tue June 6	Year 10
	Thu June 8	Year 9

\*Please keep an eye out for updates via email.

### WELCOME KIM MCALLEY, DEPUTY PRINCIPAL

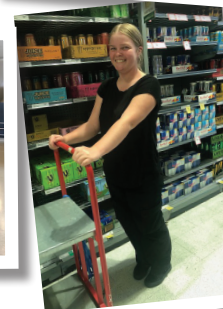
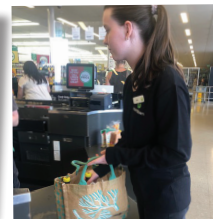
Tēnā koutou

Kim is a passionate educator who encourages both students and teachers to be the best version of themselves. She started her teaching career at Sacred Heart Girls' College over 21 years ago and has continued to develop her skills as a classroom teacher with particular focus on Health and Physical Education initiatives and Ministry changes. Kim has led a Department and was part of the Senior Management team at Waikato Diocesan School for Girls. Kim has experience in working for NZQA, and has been a part of the Ministry of Education Physical Education review panel. She has extensive knowledge in EOTC and has run numerous camps. She is married and has a teenage daughter and son, who are all heavily involved in sport. In her free time, she likes to run, walk the Hakarimata with friends and watch sports.



### GATEWAY PROGRAMME

Fiona Teng, Jorja Littin, Hannah MacDonald, Mia Hartstone, Chanel Boston – Bennett, Sophie Burns and Maddy Goldsworthy gained a variety of skills including customer service, teamwork, communication, organisational and initiative skills by completing a Gateway placement at Countdown. They were rotated around different areas such as the deli, online shopping, checkouts, produce, bakery and restocking. They gained some invaluable skills as well as the satisfaction of giving back to our local community.



## Our Vision

**Ignite the Passion:** inspiring young women to change the world – me aro ki te hā o Hineahuone!

We live the virtues of Faith, Hope and Justice.

Our charism is expressed through **Communion, Contemplation, Mission.**



# Celebrating our Students

## Summer Rodrigues – Year 10

Summer auditioned with Waikato Rocks on Saturday 29th April and was one of the winners. Summer has now been selected for the 'Tunes of Waikato' project. Being one of the 6 winning acts means that Summer and her fellow winners will perform at four schools, which the winners attend, and an additional six concerts spread around the Waikato.

Summer will also be mentored throughout the year by music industry people and she'll also record two of her songs at a professional recording studio.

Congratulations Summer, we can't wait for the concert!!!!



The NZ Careers Expo is coming to Hamilton on June 11th and 12th and we would encourage senior students (and parents!) to go along and explore.

There is a wide range of exhibitors including universities, other tertiary providers like Wintec and NZMA, tourism operators, local businesses, apprenticeships, NZ Defence Force and many more. For more details please visit <https://careersexpo.org.nz/event/hamilton>

## JOB VACANCY LEAD ROWING COACH



Sacred Heart Girls Rowing is looking for a Lead Rowing Coach to join its team for the 2023/24 season. The lead Coach will be in charge of the SHGC rowing squad with the direction from the Hamilton Rowing Club Schools Head Coach. Coaching experience is required and Management skills are essential.

The successful candidate will enjoy working with great athletes from SHGC across all ages. If you are a coach who is;

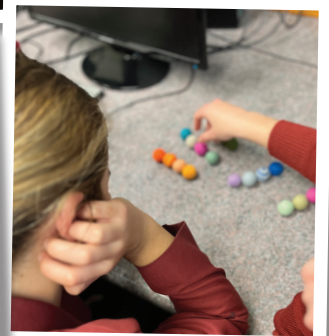
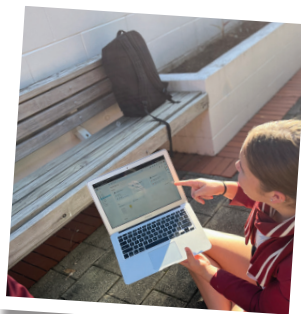
- **VIBRANT** – Full of energy and enthusiasm. The one to lift spirits in the good and bad.
- **ADAPTIVE** – Willing to try new training methods and adapt to changing plans.
- **COLLABORATIVE** – Willing to work with other coaches for the better of the athlete and the club.

Remuneration based on experience (\$12,000-\$15,000). Application instructions: Please submit applications via email by 1 July 2023 to: [head.coach@hamiltonrowing.org.nz](mailto:head.coach@hamiltonrowing.org.nz)

## YEAR 12 BUSINESS STUDENTS

Our Year 12 business students are in full swing with developing their businesses. With idea generating, writing business plans, sorting finances and finalising their pitches to be presented to a panel at WINTEC. These students have been given the task to come up with a company and a product that they can then sell and hopefully make a profit. Everything from beautiful natural hair products to stylish hoodies, cultural stickers, scrummy doughnuts, a natural car freshener alternative and crafty crochet items.

We can't wait to see the final products and we look forward to supporting you with our wallets!



## Parenting For Faith

How can parents nurture a deep and lasting faith in today's world?

Dr Andy Mullins integrates character and faith education. He is an expert at raising children with the great qualities of character that enable them to manage their emotional lives, focus on others, and set effective goals for themselves. He focuses specifically on the parenting approaches that enable us to pass on a love for prayer and the sacraments. He includes inspiring and practical stories of effective parenting.

Tuesday 6 June 6-7:30pm  
St John's College Library, 85 Hillcrest Road  
\$5 Contribution Invited (Refreshments provided)

Register online:  
<https://tinyurl.com/ParentingForFaith>  
Enquiries: [fcnzhamilton@gmail.com](mailto:fcnzhamilton@gmail.com)



## Lunch Orders

You can now order your lunch online and collect from the Canteen!

Same day orders in by 8:30am  
[lunchorders.co.nz](http://lunchorders.co.nz)





## SHGC HAMILTON ROWING PRIZEGIVING 2023

Our SHGC Hamilton Rowing Squad came together recently to celebrate their rowing season, and what a season it was! The girls were able to reflect on amazing achievements on water and used the opportunity to have their new Four/Quad boat 'Pursuit' blessed at school as well.

### Awards presented on the evening:

- **Novice Rower of the Year** – Lily Johnson
- **Junior Rower of the Year** – Georgia Kendrick
- **Intermediate Rower of the Year** – Kate Davies
- **Senior Rower of the Year** – Sarah Healy
- **Dedication to Rowing** – Amara Casey and Rose Abbott
- **Most Improved Rower** – Lily Ashton
- **Coxswain of the Year** – Rose Abbott
- **Crew of the Year** – Under 15 Coxed Four (Lily Ashton, Georgia Kendrick, Livvy Moon, Lily Johnson, Rose Abbott)

Amara Casey and Rose Abbott gave their final talks to the squad as retiring Captains and reflected on their four seasons as SHGC rowers. Olympian Rower Lucy Spoors also attended and spoke on life as an elite athlete, including her ups and downs to achieving a spot on New Zealand's Olympic Team.



The Prizegiving was a great end to what was a highly successful season for the squad, having achieved podium results at North Island and National events:

### North Island Club Championships – January 2023 (Karapiro)

- Women's Novice Coxed Four – Bronze
- Women's Intermediate Coxed Eight – Silver
- Women's Club Coxless Pair Oars – Silver
- Women's Novice Coxed Eight – Bronze
- Women's Intermediate Coxed Four – Silver

### New Zealand Club Championships – February 2023 (Twizel)

- Women's Intermediate Coxed Four – Gold
- Women's Intermediate Coxed Eight – Silver

### North Island Secondary Schools Championships – March 2023 (Karapiro)

- Under 15 Coxed Four – Gold
- Under 16 Coxed Four – Silver

### Maadi Cup/New Zealand Secondary Schools Championships – March/April 2023 (Karapiro)

- Under 15 Coxed Four – Silver
- Under 18 Novice Coxed Four – Bronze

If you'd like to give rowing a go, keep an eye out for Learn to Row through Curriculum Enrichment which will be coming up later this year.

## ENGINEERING IN ACTION DAY

On Tuesday 17th May, 8 Year 12 and 13 students, along with Mrs Sukias, had the opportunity to take part in Engineering in Action sponsored by Wintec and WECA. We visited an engineering firm called Precision Machining that specialises in making machining parts, mainly out of metals such as aluminum, titanium and stainless steel and heard about the different aspects of engineering they use in their work and had a tour of their workshop.



We then went to Wintec where we listened to a few alumni talk about their experience at Wintec while studying to be an engineer. One recurring theme of their speeches was their passion for engineering and that even if you feel you do not have the qualifications or the knowledge, as long as you have determination and work hard, you can make it.

Our last tour for the day was at Pacific Aerospace, the only firm in New Zealand that makes airplanes from scratch. Did you know that once a plane is finished, each piece of it is traceable, back to the same sheet of metal it is cut out from? That's a lot of paperwork!

Abigail Wong – Year 12





## OPEN DAY WEDNESDAY 24TH MAY

We are pleased to advise that we will be holding an Open Day, next Wednesday 24th May. The event will consist of an introduction followed by group tours of our school. There will be four sessions to choose from.

**Times:** 9am – 10am  
10.30am – 11.30am  
12pm – 1pm  
2pm – 3pm

**Duration:** 60-70 minutes

Senior students will meet you on the front lawn (entry off Clyde Street). Staff and students will show you a variety of learning spaces and share why we believe Sacred Heart Girls' College is the best choice for your child's next step in education. Click [here](#) to register.

### NOTICE BOARD

#### Mission College Fees

If you do not have a payment plan in place your Attendance Dues are now Overdue. Please check emails for updated statements.

#### Attendance Reminder

If your daughter will be absent from school during the day for any reason, please email the Student Coordinator: [absences@shgcham.school.nz](mailto:absences@shgcham.school.nz) or phone the school 856 7874 option 1, giving a reason for her absence. If a student will be absent from school for an extended period of time, whānau must inform Miss Gunn. Please email her PA, Ms Ritchie at [pa@shgcham.school.nz](mailto:pa@shgcham.school.nz) explaining the reason for her absence.

## HOSTING INTERNATIONAL STUDENTS

### Ever thought about hosting one of our International Students?

- Do you have a spare room?
- Have you ever thought about hosting an international student?
- Can you support the student with advice, friendship and guidance?
- Help them get to and from school, either by car or bus?
- Did you know you get paid?

We continually receive enquiries from overseas students who want to come to our beautiful country, study at Sacred Heart Girls' College, become part of a family, and have a wonderful Kiwi experience! You could help by become a host family!

### A few FAQs...

- **How long do students stay?**

*The duration can vary, from short stays of two weeks or one term, to a year or more. Once you are on our files, we can contact you whenever a suitable match comes through.*

- **Do I need a daughter who attends the College to qualify?**

*No, not at all. A host sister certainly helps, but we have a buddy system in place. Any family that satisfies the selection criteria can host a student. Like our students, every host family is different.*

- **What does a host family have to provide?**

*Host families are responsible for meals, transportation to and from school (or help with buses) and a clean, safe living environment. Our students should balance study with a range of Kiwi sporting and cultural activities.*

- **How much is payment?**

*From January 2024, the homestay fee is \$300 per week, paid fortnightly. Students cover the costs of their personal items and activities.*

- **What should my student call me?**

*Anything you like, formal i.e., Mr. Mrs. or more casual i.e., your first name. Mum, Dad, and Auntie have been popular.*

- **Do I clean their room or pick up after them?**

*No, the student should pick up after themselves, and once settled in the home, help with household chores – becoming a valued member of the family.*

The International Team at the College will support you through the whole experience. If you would like further information about becoming a host family, see <https://shgcham.school.nz/international/homestay-pastoral-care/> or contact Lisa Cowen at [lcowen@shgcham.school.nz](mailto:lcowen@shgcham.school.nz) phone 021 195 3268.



Sponsors of our  
High Performance  
Sport Programme



Find out more about sponsorship opportunities.

Contact: **Mark McAlley**, Director of Sport Development. T 07 856 7874 ext 2837 or E [mmcalley@shgcham.school.nz](mailto:mmcalley@shgcham.school.nz)